

Week Beginning	KINDERGARTEN	1ST GRADE
	Second Step	Second Step
Aug 28	Me & My Feelings	Me & My Feelings
Sept 5	Sometimes We Feel Happy	Noticing Feelings
Sept 12	Sometimes We Feel Sad	Sometimes We Feel Worried
Sept 19	Sometimes We Feel Mad	Feeling Calm
Sept 26	We Can Feel Calm	Feeling Frustrated
Oct 3	What Are They Feeling?	Noticing Clues
Oct 10	My Feelings Thermometer	My Feelings Thermometer
Oct 17	How Big Are My Feelings	How Big Are My Feelings
Oct 31	Halloween Activity	Halloween Activity
Nov 7	We Watch, Listen & Think	Time to Pay Attention
Nov 14	Why We Pay Attention	Everyone Gets Distracted
Nov 21/Nov 28	Mistakes Are Okay!	You Did It!
Dec 5	Practice Makes Better	Helpful Thoughts
Dec 12	Let's Practice and Learn!	We Can Do It!
Dec 19/Jan 2	Christmas / Holiday Activity	Christmas / Holiday Activity
Jan 9	We Can Be Kind	The Power of Kind Acts
Jan 23	Why Kindness?	Ways to Be Kind
Jan 30	Showing Kindness	Offering Kind Acts
Feb 6	Kindness at School	Practicing Kind Acts
Feb 13	Demonstrating Kindness	Demonstrating Kind Acts
Feb 20	School Kindness Challenge	School Kindness Challenge
Feb 27		
Mar 6	We Can Say the Problem	How to Say the Problem
Mar 20	Ready to Solve Problems	Was It an Accident?
Mar 27	Apologizing Can Help	Ask for What You Need
Apr 3	Taking Turns and Sharing	We Can Make It Better
Apr 10	We Can Solve Problems	Solving Problems
Apr 17	My Superpower Senses: Taste	My Superpower Senses: Taste
Apr 24	My Superpower Senses: Smell	My Superpower Senses: Smell
May 1	My Superpower Senses: Touch	My Superpower Senses: Touch
May 8	My Superpower Senses: Sound	My Superpower Senses: Sound
May 15	My Superpower Senses: Sight	My Superpower Senses: Sight